

LOCATION MAP



Play the game first then learn to play better!

TENNIS FOR ALL AGES

Desire to Start
TENNIS



MONTHLY FEES

Ball Type	Weekly 3 days	Weekly 6 days	Class Hour
Red Ball	BDT 3,000/-	BDT 5,000/-	01 (one) hour
Orange Ball	BDT 4,000/-	BDT 6,000/-	01 (one) hour
Green Ball	BDT 5,000/-	BDT 8,000/-	01 (one) hour
Regular Ball	BDT 6,000/-	BDT 10,000/-	01 (one) hour

Charges are included to Fees for Coache[s] Court Fees & Necessary Balls

Gymnasium

BDT 2,000/- Per Month
Charge included to the Instructor fees

The Price for Individual Lessons, Personal Group Lessons, and Family Packages are negotiable!



Tennis is easy, fun & healthy!

Welcome to the World of
TENNIS

Whoever you are
However you play
Whatever your age
Play TENNIS



স্থাপিত-১৯৭২



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BANGLADESH TENNIS FEDERATION

Bangladesh Tennis Federation (BTF) was established in 1972 after the liberation war of Bangladesh. It is the governing body of tennis in Bangladesh under the National Sports Council (NSC) which is an autonomous organization under the Ministry of Youth and Sports. BTF is an affiliated Federation of the Bangladesh Olympic Association (BOA) and it is also an affiliated member nation of the Asian Tennis Federation (ATF) & International Tennis Federation (ITF).

Benefits of playing tennis:

Tennis is a lifetime game that has a lot of health benefits. In one hour of tennis, the players each cover close to 2.3 KM. Tennis players maintain an average heart rate of between 140 and 180 beats per minute (bpm). It reduces the risk of heart disease and improves your strength, agility, aerobic fitness, motor, and flexibility.

Sheikh Jamal National Tennis Complex

The official address of the Bangladesh Tennis Federation is Sheikh Jamal National Tennis Complex, Ramna, Dhaka 1000. We have the following facilities at the venue :

- 08 (eight) Hard Tennis Courts
- Lighting Facilities for 08 (eight) Courts
- 01 (one) Wall Practice
- Gymnasium for Ladies & Gents (Air conditioned)
- Men's Changing Room
- Women's Changing Room
- Car Parking Facilities
- VIP Gallery and General Gallery
- Meeting Room



Slower Ball,
Smaller Court &
Easier Game
PLAY TENNIS

